

# HELPING HANDS

NEWSLETTER

JAN/FEB 2019



## HELLO AMAZING VOLUNTEERS,

Happy 2019 FOOD Share friends! It is wonderful seeing our old friends and meeting new ones. Thank you for another year of hard work and dedication to the FOOD Share mission.

*FOOD Share is dedicated to feeding, nourishing, and educating the hungry in Ventura County, educating the community on those who are hungry and why, and advocating a reduction of the root causes of hunger.*

Keep up the great work and cheers to a wonderful 2019!

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# SENIOR NUTRITION GARDEN



If you enjoy gardening, we have a great opportunity for you! Help Program Manager, Bob Mancuso, in our garden for seniors. FOOD Share partners with Ventura County Area Agency on Aging and the Juvenile Justice Center to make sure seniors at congregate meal sites get the bounty our volunteers harvest.

Thank you Rabobank and Cate School volunteers for helping to maintain the garden.

# SORTING RESCUE FOOD

Try to bump off one of the current leading sorting groups to proudly be displayed on our FOOD Share All-Star board.



United States Navy packed 11,440 pounds of food, or 9,029 meals!



DaVita Kidney Care packed 1,010 pounds of food, or 797 meals!



Amgen packed 12,255 pounds of food, or 9,672 meals!



Channel Islands High School sorted 1,885 pounds or 1,488 meals



Knighted Ventures sorted 2,295 pounds or 1,811 meals



# A SHOUT OUT OF THANKS!

A great big thank-you goes out to all the wonderful volunteers who faithfully come in every week to help us with our mission, and to the following: Amgen, Anthem, Bayer, California State University Channel Islands, Cate School, Channel Islands High School, Church of the Foothills, Clearwater at Riverpark, CONDOR High School, DaVita Kidney Care, Disney, Dole Packaged Foods, Downtown Ventura Lions Club, Good Sam, Knighted Ventures, Lions Club Camarillo, National Charity League, Inc., People Creating Success, Patagonia, The Church of Jesus Christ of Latter-day Saints, United Methodist Church, United States Navy, Ventura College, Ventura County Credit Union, Ventura Missionary School, Villa Esperanza Services, Wells Fargo, Westview Vocational Services, YOGA by the SEA, and YMCA Channel Islands.