

# HELPING HANDS



*Ventura County's Food Bank*

**NEWSLETTER  
DECEMBER 2018**



**HELLO AMAZING  
VOLUNTEERS,**



As the year comes to an end it is a wonderful time to pause and offer thanks to you, our volunteers. With your help we are able to continue getting food out the door onto the tables of our hungry friends and neighbors each month. We honor and thank you for your hard work and unfailing commitment to your volunteer activities. We look forward to another year of friendship with you.

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# SENIOR NUTRITION GARDEN



Sianne, Carina, and Orianne plant spinach

If you haven't seen the Senior Nutrition garden lately, your missing out! Program Manager, Bob Mancuso, has greatly expanded the garden and added some exotic edibles too. Volunteers are always needed. FOOD Share partners with Ventura County Area Agency on Aging and the Juvenile Justice Center to make sure seniors at congregate meal sites get the bounty our volunteers harvest.

Sianne, thank you for bringing out Sanofi Pharmaceutical employees to help in the senior nutrition garden. The seniors will soon be able to enjoy the spinach you planted!

## SENIOR KIT PACKERS



### YARDI

FOOD Share is now into its second year of offering senior program called Commodity Supplemental Food Program (CSFP). This program works to improve the health of qualifying low-income persons 60 years of age and older. A box of 16 high-quality food items are packed at FOOD Share's warehouse and distributed to more than 3,000 seniors a month. This is a federally funded program run by the state and is part of the Farm Bill. Volunteers assemble boxes, pack food into boxes, weigh, tape, palletize boxes, and break down boxes.



# 7TH ANNUAL CAN-TREE DRIVE

Nearly 200 stellar volunteers made our 7th Annual CAN-tree drive another successful event!!

The FOOD Share team would like thank each and every one of those involved in our 7th annual Can-tree drive for helping us make this year's event the most successful ever.

A huge thank-you to all the volunteers who woke up early or stayed late into the evening helping out where needed from Friday, November 30th through Sunday, December 2nd.



Lorisa from Good Sam smashing down cardboard boxes, making room for more



Ventura County Fire Department helps to disassemble CAN-trees



Adolfo Camarillo High School Baseball team helps break down CAN-trees



# **SORTING RESCUE FOOD**



Yardi packed  
4,820 pounds of food,  
or 3,804 meals!

## **A SHOUT OUT OF THANKS!**

A great big thank you goes out to all the wonderful volunteers who faithfully come in every week to help us with our mission, and to the following: Amgen, Anthem, Bayer, Berkshire Hathaway, C&S Landscape, Inc., California State University Channel Islands, Church of the Foothills, Cole Vocational Services, Disney, Good Sam, GP Real Estate Co., Levi Strauss & Co., Lions Club Camarillo, National Charity League, Inc., New Level Resources, Patagonia, Sanofi Pharmaceutical, The Arc of Ventura County, The Church of Jesus Christ of Latter-day Saints, Ventura County Credit Union, Ventura Missionary School, Villa Esperanza Services, Wells Fargo, Westview Vocational Services, and YMCA.